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Coronary Heart Disease

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2013

Introduction:

Cardiovascular disease can take many forms: high blood pressure, coronary artery disease, valvular heart disease, stroke, or rheumatic fever/rheumatic heart disease. According to the World Health Organization, cardiovascular disease causes 12 million deaths in the world each year. Cardiovascular disease is responsible for half of all deaths in the United States and other developed countries, and it is a main cause of death in many developing countries as well. Overall, it is the leading cause of death in adults.

In the United States, more than 60 million Americans have some form of cardiovascular disease. About 2600 people die every day of cardiovascular disease. Cancer, the second largest killer, accounts for only half as many deaths.

Coronary artery disease, the most common form of cardiovascular disease, is the leading cause of death in America today. But thanks to many studies involving thousands of patients, researchers have found certain factors that play an important role in a person's chances of developing heart disease. These are called risk factors.

Aim of study

To Know the risk factors of coronary heart disease and how we can avoid it.